

PATIENT NAME _____

PHYSICIAN NAME _____

PROCEDURE DATE @ ARRIVAL TIME _____

PROCEDURE TIME _____

Procedure Location

- Hayes Green Beach Hospital 321 E. Harris St, Charlotte
- Lansing Surgery Center 1707 Lake Lansing Rd, Lansing
- McLaren Hospital 3520 Forest Rd, Lansing MI
- Sparrow Hospital 1215 E. Michigan Ave, Lansing

- Sparrow Health Center 2909 E Grand River, Lansing
- Sparrow St. Lawrence 1210 West Saginaw St., Lansing
- Eaton Rapids Specialty Clinic 1500 S. Main St, Eaton Rapids

Start Clear Liquid Diet on _____

- Coffee, tea, or cola
- Apple, white grape, or white cranberry juice
- Up to 3 cans or bottles of vanilla or butter pecan Ensure or Glucerna (diabetics) labeled "suitable for lactose intolerant".
- Plain Jell-O (no red colors)
- Popsicles (no red colors)
- Sorbet that does not contain milk or chunks of fruit
- Artificially sweetened powdered drinks- Kool-Aid, Tang, Crystal Light
- Clear soups and/or broth (strain all vegetables and noodles)
- Sugar, honey, syrup and hard candy
- No milk or milk byproducts (cheese, yogurt)
- No grapefruit, tomato, V-8, or orange juice
- No alcoholic drinks

Sample Menu (Morning, Noon, Evening)

- Clear Juice
- Plain Jell-O (no red colors)
- Broth
- Coffee or Tea with Sugar

Cancellation Policy

- No fee will be assessed if the procedure is rescheduled within 3 business days.
- Procedures rescheduled beyond 3 days of the original date will be charged a \$50 fee.
- Cancellations that occur after 3 days will be charged a \$100 fee.
- Reschedule and cancellation fees must be paid prior to rescheduling.

Billing Procedure

- There may be up to four charges associated with your procedure for Physician, Hospital/Facility, Anesthesia, and Lab. Please verify with your insurance carrier your benefit coverage for each.

QUESTIONS? Contact _____
(517) 332-1200 ext: _____

Board-Certified Colorectal Surgeons

Daniel C. Coffey, M.D.
Lucas Julien, M.D.
Razvan Opreanu, M.D.

Board-Certified Gastroenterologists

Scott A. Plaehn, DO, FACOI
Albert B. Ross, MD
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Siaka I. Yusuf, MD
Dorian T. Jones, MD
Jannel Lee-Allen, MD, MUP
Tadd Hiatt, MD

Learn more about our team at

theDigestiveHealthInstitute.com

Medication

Please notify the scheduler if you are taking the following:

- Blood thinners
- Aggrenox
- Coumadin
- Effient
- Fragmin
- Heparin
- Lovenox
- Persantine
- Plavix
- Pradaxa
- Ticlid
- Trental

2 Weeks Before Procedure

Stop all HERBALS and DIET medications 2 weeks prior to general anesthesia.

- All Diet Pills
- Centrum Performance
- Enfluramine
- Ephedra
- Fenfluramine
- Fastin
- Feverfew
- Garlic
- Ginkgo biloba
- Ginseng
- Goldseal
- Ionamin
- Kava Kava
- Licorice
- Meridia
- Metabolife
- Phentermine
- Pondimin
- Redux
- St. John's Wort
- Valerian

1 Week Before Procedure

Stop all DIET, NON-STEROIDAL, OTC, ANTI-INFLAMMATORY medications one week prior to general anesthesia.

Only Tylenol for pain.

- Aspirin
- Advil
- Clinoril
- Daypro
- Excedrin
- Feldene
- Iron Pills
- Motrin
- Naprosyn
- Relafen
- Vitamin E
- Voltaren

Day of Procedure

- NOTHING TO EAT OR SMOKE AFTER MIDNIGHT.
- CLEAR LIQUID DIET. No solid food or alcohol.
- Shower or bathe before coming to the hospital. You may brush your teeth, but DO NOT swallow the water.
- Bring a list of current medications.
- If you have an advance directive such as a living will or durable power of attorney for health care, bring it with you the day of surgery and give to the nurse.
- Do not wear makeup the day of surgery.
- Wear comfortable, loose fitting clothes.
- Report any recent exposure to communicable disease.
- Leave all valuables at home.
- You must have an adult 18 years or older remain with you during the procedure and drive you home afterward. Your procedure will be canceled if you fail to meet these requirements.
- Female patients of menstruating years will be required to provide a urine specimen when you arrive.

Feeling Sick?

- If you develop a cough, cold, fever, or flu-like symptoms the day of your surgery, notify your surgeon immediately.

Results & Follow-up

- Please go home and rest for the remainder of the day. Do not drive or work or operate machinery.
- Your physician will discuss test results with you and your family member following the procedure.
- You will be given written instructions for diet, activity, and follow up instructions.
- If biopsies were taken, a results letter will be sent through our patient portal. If not a member of Follow My Health and the letter will be mailed to you within 14 days of your procedure.

Questions about your procedure? Call (517) 332-1200 or visit the [DigestiveHealthInstitute.com](https://www.DigestiveHealthInstitute.com)