
 PATIENT NAME

 PHYSICIAN NAME

 PROCEDURE DATE @ ARRIVAL TIME

 PROCEDURE TIME

Procedure Location

- Hayes Green Beach Hospital 321 E. Harris St, Charlotte
- Lansing Surgery Center 1707 Lake Lansing Rd, Lansing
- McLaren Hospital 3520 Forest Rd, Lansing
- Sparrow Hospital 1215 E. Michigan Ave, Lansing

- Sparrow Health Center 2909 E Grand River, Lansing
- Sparrow St. Lawrence 1210 West Saginaw St., Lansing
- Eaton Rapids Specialty Clinic 1500 S. Main St, Eaton Rapids

Labs

Please have any ordered bloodwork drawn _____ days before your procedure. A lab requisition for your bloodwork will be provided, if necessary.

Females of menstruating years will be required to provide a urine specimen when you arrive at the facility.

Medication

Stop all diet medications one week before your procedure. Please notify the scheduler if you are taking the following:

- Blood thinners
- Aggrenox
- Coumadin
- Effient
- Fragmin
- Heparin
- Lovenox
- Persantine
- Plavix
- Pradaxa
- Ticlid
- Trental

Rectal Endoscopic Ultrasound Overview

Endoscopic Ultrasound (EUS) is a specialized technique using sound waves to evaluate the walls of your colon and rectum, or study the internal organs and lymph nodes that lie next to the intestinal tract. Information obtained during this test may be used to diagnose and stage tumors. With accurate staging, appropriate treatment can be given. The principle risks of EUS are the remote possibility of infection, perforation and bleeding. Most complications are self-limiting and are treated supportively. In some cases, intravenous antibiotics may be administered to reduce the risk of infection. Occasionally surgery is necessary to treat a complication. Rarely, death from a complication has been reported. EUS requires intravenous sedation. The administering physician will discuss the risks of sedation with you at the facility.

Billing Procedure

There may be up to four charges associated with your procedure for Physician, Hospital/Facility, Anesthesia, and Lab. Verify your benefit coverage with your insurance carrier.

Cancellation Policy

- No fee will be assessed if the procedure is rescheduled within 3 business days.
- Procedures rescheduled beyond 3 days of the original date will be charged a \$50 fee.
- Cancellations that occur after 3 days will be charged a \$100 fee.
- Reschedule and cancellation fees must be paid prior to rescheduling.

Shopping List

- One prescription of NuLytely has been sent to your pharmacy
- One bottle Magnesium Citrate (10 oz)

QUESTIONS? Contact _____
 (517) 332-1200 ext: _____

Board-Certified Colorectal Surgeons

Daniel C. Coffey, M.D.
 Lucas Julien, M.D.
 Razvan Opreanu, M.D.

Board-Certified Gastroenterologists

Scott A. Plaehn, DO, FACOI
 Albert B. Ross, MD
 John F. Walling Jr, DO, FACOI
 Siaka I. Yusuf, MD
 Dorian T. Jones, MD
 Jannel Lee-Allen, MD, MUP
 Tadd Hiatt, MD

Learn more about our team at
theDigestiveHealthInstitute.com

5 Days Before Procedure

- Please refrain from eating foods that contain nuts, seeds or corn. Stop taking fiber and iron supplements.

Clear Liquid Diet

- Coffee, tea, or cola
- Apple, white grape, or white cranberry juice
- Up to 3 cans or bottles of vanilla or butter pecan Ensure or Glucerna (diabetics) labeled "suitable for lactose intolerant".
- Plain Jell-O (no red colors)
- Artificially sweetened powdered drinks
- Popsicles (no red colors)
- Clear soups and/or broth (strain off all vegetables and noodles)
- (Kool-Aid, Tang, Crystal Light –no red or purple colors)
- Sorbet that does not contain milk or chunks of fruit
- No milk or milk byproducts (cheese, yogurt)
- No grapefruit, tomato, V-8, or orange juice
- No alcoholic drinks

1 Day Before Procedure

- CLEAR LIQUID DIET all day long (this starts at 12:00 am or when you wake up in the morning. No solid foods.
- Drink an extra 8-oz of clear liquids every hour throughout the entire day.
- Diabetics: Use ½ of your usual insulin dose. Do not take your diabetic pills today.
- Take all other medications as usual, but not within 2 hours of NuLyteLy.
- At 6:00 pm, mix NuLyteLy with 1 gallon of tap water. Drink ½ of solution- 8 oz every 10-15 minutes (8 glasses total). You must finish drinking the solution within 1 ½ hours. This solution will not work unless you drink exactly in this manner.
- It is not unusual to have nausea and vomiting from this laxative. If this occurs, stop the laxative, suck on mints or hard candy and resume the drinking the laxative 1 hour later. If stools have not become clear (ice tea colored) by 10pm, drink one 10 oz bottle of Magnesium Citrate (clear colon only) which can be purchased without a prescription.
- Continue clear liquid diet throughout the evening.

Day of Procedure

- You may only have clear liquids the day of your test to complete your prep. No Ensure this day.
- Six hours before the start of your test, begin drinking remaining ½ NuLyteLy solution- 8 oz every 10-15 minutes (8 glasses total).
- You must finish your prep at least 4 ½ hours prior to your procedure, then nothing by mouth until after the procedure is completed. No water, gum, mints, hard candy, Ensure, chewing tobacco etc. Failure to do so will result in cancellation of your procedure(s).
- *Diabetics:* Please check your blood sugar and take this information with you to the facility. Do not take your insulin or diabetic pills this morning. Bring all of your insulin with you to the procedure.
- Please only take your heart, blood pressure, seizure, respiratory, anti-rejection or anti-anxiety medications at 6 am with a small sip of water. You may use your inhaler(s).
- **You must have an adult 18 years or older remain with you during the procedure and drive you home afterward.** Your procedure will be canceled if you fail to meet these requirements.
- Bring your picture ID and insurance cards with you to the facility the day of the procedure. Failure to do so will result in cancellation of your procedure.

Results & Follow-up

- Please go home and rest for the remainder of the day. Do not drive or work or operate machinery.
- Your physician will discuss test results with you and your family member following the procedure.
- You will be given written instructions for diet, activity, and follow up instructions.
- If biopsies were taken, a results letter will be sent through our patient portal. If not a member of Follow My Health and the letter will be mailed to you within 14 days of your procedure.