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Patient Name

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Physician

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Procedure Date

Location:

- ❑ **McLaren Hospital - Pennsylvania**  
2727 S. Pennsylvania Ave, Lansing
- ❑ **McLaren Hospital- Greenlawn**  
401 W. Greenlawn Ave, Lansing
- ❑ **Sparrow Hospital**  
1215 E. Michigan Ave, Lansing
- ❑ **Sparrow Health Center**  
2909 E Grand River, Lansing
- ❑ **Sparrow St Lawrence**  
1210 West Saginaw St., Lansing
- ❑ **Lansing Surgery Center**  
1707 Lake Lansing Rd, Lansing
- ❑ **Hayes Green Beach Hospital**  
321 E. Harris St, Charlotte
- ❑ **Eaton Rapids Specialty Clinic**  
1500 S. Main St, Eaton Rapids

**As of 07/19/2021 MGI & CCS will implement a change to the cancellation policy for procedures.**

- ~ **No fee will be assessed for 3 business days from the point of scheduling.**
- ~ **Reschedules that occur outside the 3 day window will be charged a \$50 fee**
- ~ **Cancellations that occur outside the 3 day window will be charged a \$100 fee**
- ~ **Reschedule and cancellation fees must be paid prior to future scheduling.**

## Results and Follow Up

- Please go home and rest for the remainder of the day. Do not drive work or drive heavy machinery for the rest of the day.
- Your physician will discuss test results with you and your family member following the procedure.
- You will be given written instructions for diet, activity, and follow up instructions at the time of discharge.
- If biopsies were taken, a results letter will be sent through our patient portal. If you are not a member of Follow My Health, the letter will be mailed within 14 days

## Important Driving Instructions

- You must have an adult 18 years or older remain with you during the procedure and drive you home afterward. Your procedure will be cancelled if you fail to meet these requirements.

## Billing Procedure

There may be up to four charges associated with your procedure (Physician, Hospital/Facility, Anesthesia, and Lab). Please verify with your insurance carrier your benefit coverage for each.

\*\*Please be sure you bring your picture ID and insurance cards with you to the facility the day of the procedure. Failure to do so will result in cancellation of your procedure.\*\*

Digestive Health Institute



## Surgery Instructions

Enema

Board Certified  
Colorectal Surgeons

Daniel C. Coffey, M.D.  
Lucas Julien, M.D.  
Razvan Opreanu, M.D.

Board Certified  
Gastroenterologists

Iftiker Ahmad, M.D.  
Oussama Al Sawas, M.D.  
Radoslav Coleski, M.D.  
Dorian Jones, M.D.  
Scott Plaehn, D.O.  
Robert Rose, D.O.  
Albert Ross, M.D.  
Dana Stewart, D.O.  
John Walling Jr., D.O.  
Siaka Yusuf, M.D.

If you have questions, please contact \_\_\_\_\_ at (517) 372-0500 ext \_\_\_\_\_

For more information visit our website  
[www.michigangastro.com](http://www.michigangastro.com)  
[www.capitolcolon.com](http://www.capitolcolon.com)

## Surgery Instructions

### Medication

If you are taking blood thinners (Aggrenox, Plavix, Pradaxa, Pletal, Effient, Xarelto, Brilinta, Lovenox, Ticlid, Coumadin, Trental, Persantine, Heparin or Fragmin) please be certain you have notified the scheduler.

### Medications to stop one (1) week before

**ALL over-the-counter medications (EXCEPT TYLENOL products). *This can include any of the following (and some that may not be listed):***

ASPIRIN  
EXCEDRIN  
IRON PILLS  
VITAMIN E (Alone)  
MOTRIN  
ADVIL  
ALEVE  
IBUPROFEN

**You must discontinue any NON-STEROIDAL/ ANTI-INFLAMMATORY medications such as:**

DAYPRO  
VOLTAREN  
FELDENE  
CLINORIL  
NAPROSYN  
RELAFEN

### **HERBALS AND MEDICATIONS TO BE OFF TWO (2) WEEKS PRIOR TO GENERAL ANESTHESIA**

1. DIET PILLS	1. GINSENG
2. FENFLURAMINE	2. FEVERFEW
3. PHENTERMINE	3. GINGER
4. EPHEDRA	4. GOLDSEAL
5. PONDIMIN	5. LICORICE
6. IONAMIN	6. VALERIAN
7. FASTIN	7. GARLIC
8. METABOLIFE	8. KAVA KAVA
9. REDUX	9. ST JOHNS WORT
10. CENTRUM PERFORMANCE	10. GINKO BILOBA
11. MERIDIA	

## Instructions

**NOTHING TO EAT, DRINK, CHEW OR SMOKE AFTER MIDNIGHT THE NIGHT BEFORE!**

**Preparation two days prior to surgery –**

- Start taking Metamucil or Benefiber twice daily

**Preparation for Day of Surgery –**

- You will need to purchase (1) one 4.5 oz Fleet phosphate saline enema
- 1 ½ hours prior to leaving home, (1) one Fleet phosphate saline enema should be administered rectally. Please follow directions according to package. If no or poor result, administer second enema.

## **IMPORTANT**

**IF YOU DEVELOP A COUGH, COLD, FLU-LIKE SYMPTOMS OR FEVER, NOTIFY YOUR SURGEON IMMEDIATELY!!**

### Note -

- Shower or bathe before coming to the hospital. You may brush your teeth, but DO NOT swallow the water
- Bring a list of current medications.
- If you have an advance directive such as a living will or durable power of attorney for health care, bring it with you the day of surgery and give to the nurse.
- Do not wear makeup the day of surgery.
- Wear comfortable, loose fitting clothes.
- Report any recent exposure to communicable disease.
- LEAVE YOUR VALUABLES AT HOME!
- YOU MUST HAVE A RESPONSIBLE ADULT DRIVE YOU HOME
- Female patients of menstruating years will be required to provide a urine specimen when you arrive at the hospital/facility